



UK National Marriage Week 13th – 19th May 2019

Prayer Room

Dedicate a room within your church to create a prayer space which can be accessed during Marriage Week. We would suggest that you use the prayer stations resource within your prayer room (see Prayer stations resource) but you can create a simple area using the following guidelines and ideas.

- The room can be open for as long or as short a time as you wish to suit the life of your church. This might be as an alternative to a service, during a day, over a weekend or throughout the whole week, it's entirely up to you.
- We would suggest that individuals or groups book slots so that each person visiting can feel comfortable to be themselves within the space over the designated period of time that the room is available for.
- Arrange the room with comfy seating, and inspiring images, photos and texts around the walls.
- Have bibles, prayers (including a prayer on Marriage – see separate resource), poetry and other books available that will aid people as they spend time focussing on God.
- Have areas in which people can write, draw, paint or create in other ways as they feel inspired. This could include large pieces of paper that everyone can contribute to or smaller individual creations.
- Consider the ages of those likely to visit when choosing what to put in the room to ensure that activities, books, picture etc., will enable them to fully engage.
- Consider the lighting in the room; does it need to be bright and sunny or soft and meditative? This will depend on preference and perhaps the time of day. You could use candles but make sure that someone responsible is permanently on hand or use battery operated tea-lights etc.
- Some prefer a quiet space, others prefer to have music or to create musically, so it's worth providing a means to enjoy music.

For more ideas on how to set up a prayer room, we would recommend '[Five Steps to a 24-7 Prayer Room](#)' which can be found on the 24-7 Prayer website under '[Prayer Rooms](#)' and for specifically creative prayer ideas look at their '[How to Encourage Creative Prayer](#)' page.